

Systematic Training for Effective Parenting **(STEP) CLASS**



Enjoy spending quality time with your children by learning to be a better parent. Attend the STEP parenting course today. The seven session course begins 3 February 2004 and includes:

Session I	(3 Feb)	Understanding Yourself and Your Child
Session II	(10 Feb)	Understanding Beliefs and Feelings
Session III	(17 Feb)	Encouraging Your Child and Yourself
Session IV	(24 Feb)	Listening and Talking to Your Child
Session V	(2 Mar)	Helping Children Cooperate
Session VI	(9 Mar)	Discipline That Makes Sense
Session VII	(16 Mar)	Choosing Your Approach

Sign up today by calling your Family Support Center at 305-437-2665 or the instructor at 305-437-2734.

0930 - 1130 Tuesday, 3 February - Tuesday, 16 March
US Army Garrison-Miami (Air Jamaica/Codina Building)
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